



Jersey Cardinals

www.cjcardinals.com

2018 Spring AAU Season Grades 4-8

The Jersey Cardinals organization has two primary goals: Development and Exposure. This program focuses on fundamental skill development and player improvement throughout each season. Players have the opportunity to play on very competitive teams, which participate in high level, exposure-based tournaments. Each player is given individual instruction and college guidance.

- Two Weekly Team Practices
- Highly Qualified Coaches
- Competitive Teams
- Focus on Student Athlete
- Large Organization, Nationally Recognized
- Maximum of 10-12 players per team
- Dedicated, High Level Players
- Intense, Skill-Driven Instruction
- Positive Learning Environment
- College Preparation & Recruiting Program as applicable

Season Information

Program Cost and Registration

Fee is \$780. **The first payment of \$380 is due on February 14th.**
In Person registration will take place on the 14th at Rutgers Prep. Exact time TBD.
Fees cover gym rentals; tournament entrance fees and coaches pay.

Uniforms

Uniform cost is approximately \$80 and are yours to keep.
-Uniforms and shooting shirts are the same as last year so returning players will NOT need to purchase one.

Uniform try on day will be February 14th and 15th at Rutgers Prep from 630-8pm All players are required to have a Cardinals uniform and a practice jersey. Uniforms will be ordered online through Sneakers Plus. Please see the Uniform Tab under the Parent Info section for more information

Practice

Practices will be held at Rutgers Prep in Somerset and will take place on weekday evenings. Practices usually run from 6pm-730pm or 730pm-9pm. Players are expected to be at practice. If you have any significant schedule concerns please bring them our attention by emailing Lorraine at lorrainemeltzer@yahoo.com . Please see the Practice Schedule under the Parent Info tab for more information

Practice is essential. Parents should make sure players arrive on time. In the event a player is unable to attend a practice; the coach should be notified as soon as possible. **Players should wear practice jersey to each practice.**

Tournaments

Teams will play in seven (7) weekend tournaments. Tournaments usually consist of 2 games each on both Saturday and Sunday.

Tournament game times will be sent to you via email on the Wednesday or Thursday prior to the tournament. Players will need to confirm attendance for each tournament with their coach or team manager. Players must arrive on time. Arrival times are set by each individual coach. Players are expected to be respectful of teammates, opponents and officials.

The tournaments listed below are for information purposes only and subject to change. Once teams are formed a Final Tournament Listing will be released.

- ***Team Miller Pre Easter Showdown (South Brunswick, NJ) – March 31 Team Pero ONLY***
- ***Jersey Cardinals Tip-Off Classic (Somerset, NJ) – April 14 & 15 (4 games)***
- ***2018 Hunterdon Hoops Tournament (Hunterdon County) – April 21 & 23 (4 games)***
- ***Jersey Cardinals Somerset Slam (Somerset, NJ) – May 5 & 6 (4 games)***
- ***CJ Hawks Elite Youth Challenge (Holmdel, NJ) – May 19 & 20 (4 games)***
- ***NJ Sparks Summer Blast Off (Paterson, NJ) – May 25 – 28 (4 games) Team Pero ONLY***
- ***Comets Annual Tournament (Philadelphia, PA) – June 2 & 3 (4 games)***
- ***NJ ShoreShots Summer Showdown (Neptune, NJ) – June 16 & 17 (4 games)***

NOTE: Each team will receive a specific schedule once the team is picked.

Coaches

4th Grade - TBD

5th Grade – Jen Ryan

6th Grade – Shannon Coyle

7th Grade – Mike Pero

7th Grade – Kathleen Salardino

8th Grade - Mary Klinger

**Coach/team assignments are subject to change depending upon the number of kids who tryout.*

Questions, please contact Kristen Somogyi (ksomog3899@yahoo.com / 732-485-6470 or Lorraine Meltzer (lorrainemeltzer@yahoo.com / 732-322-1510).

Why Choose the Jersey Cardinals?

With so many organizations to choose from, you may ask yourself why the Jersey Cardinals. For starters, we are one of the largest and most successful girls AAU basketball programs in the state of NJ. We are nationally recognized as the best recruiters and developers of TOP talent in our area.

Kristen Somogyi, program founder and president, knows what it takes to succeed as a scholar athlete. She is New Jersey's All-Time leading scorer (for both women and men) with 3,899 high school career points. She is a Kodak All-American, a USA today All -American, a Gatorade NJ Player of the year and a 3-time Parade All-American. She played Division 1 College basketball and as a member of the 1993 UVA ACC Championship Team and a member of the NCAA Elite 8. She also led Rutgers in assists, 3-point shooting and foul shooting.

After college, Kristen began to build the Jersey Cardinals organization and has been developing top talent ever since. Twelve years ago, she began with two teams and has grown the organization to 8-10 teams annually. She is the author of Knack Coaching Youth Basketball, the first full color, quick reference, visually organized guide to the game which is used by AAU coaches nationwide.

The Jersey Cardinals players also benefit from the expertise of the organizations co director, Mary Klinger.

Mary Klinger is the Head Coach for the Rutgers Prep Girls Varsity Basketball team. She has captured 10 Prep B state championships and 5 Somerset County Tournament championships. She was a member of the 1982 Rutgers National Championship Team, a Nike All-American Camp Director, a Selection Committee Member for the WBCA & McDonalds All-American Team. In addition, she was a McDonald's All-American Team Head Coach in 2011 and an Assistant Coach for the 2014 USA Basketball Women's U17 World Championship Team. And last but not least, she is a Nike Skills trainer and coaches the Jersey Cardinals 8th grade team.

The wealth of experience and knowledge of the game from the Cardinals directors comes through in the program. Players receive extensive skill work, learn team concepts and sportsmanship. Although it's a team sport, each player is held individually accountable for their own development and are taught responsibility and discipline. The Jersey Cardinals employ coaches who are committed to developing each player to their highest potential. Regardless of how far into the future your daughter wants to play basketball, if she works hard, she will improve in this program.

Kristen and Mary have long standing and highly respected relationships with college coaches at every level (Divisions 1,2 & 3). The Cardinals program has sent scores of kids on to play at the collegiate level.

Take a peek on the other side to see where some of our Cardinal alums have gone on to play.

The results speak for themselves!

Jersey Cardinal Alum

Caroline Barberi – Muhlenberg College

Allie Best – Marist College

Jamiyah Bethune – Monmouth University

Emily Calabrese – St. Bonaventure University

Kelly Campbell – DePaul University

Gigi Caponegro – Long Island University

Olivia Dabney – Sacred Heart University

Courtney Dobrzynski – University of Hartford

Nneka Ezeigbo – Robert Morris University

Mya Grimes – High Point University

Courtney Hagaman – Winthrop University

Jahsyni Knight – University of Pittsburgh

Tina Lebron – Caldwell University

Elizabeth Lovin Marciano – St. Joseph's University

Jessica McCoy – Case Western Reserve University

Niki Metzel – Drexel University

Mackenzie Michaels – Oberlin College

Kerry Maran – Cornell University

Sydney Morang – University of Florida

Danielle Padovano – Fordham University

Zoe Pero – St. Peter's University

Gabi Redden – Marist College

Lyndsay Rowe – Wagner College

Liz Sharlow – Lehigh University

Breana Spencer – St. Peter's University

Madison Stanley – Fairleigh Dickinson University

Natalie Stralkus – Army West Point

Chiara Tibbit – Boston University

Ryan Weise – Long Island University

Sam Widemann – Cornell University

Anna Wilson – Army West Point

Teresa Wolak – Rider University